



The Department of Nutritional Sciences Fall 2017 Seminar Series

Guest Speaker:

Carol Byrd-Bredbenner,
Distinguished Professor, PhD, RDN, FAND
The Department of Nutritional Sciences
Rutgers, The State University of New Jersey

“HomeStyles: From Idea to RCT and Beyond”

Host: Joshua W. Miller, Professor and Chair,
The Department of Nutritional Sciences

Wednesday, September 13, 2017, 2:30-3:30 PM
New Jersey Institute for Food, Nutrition, and Health,
Conference Room 205, 61 Dudley Road

Seminar Description

HomeStyles is a comprehensive, in-home nutrition communication and health promotion program designed to enable and motivate parents to shape their home environment and lifestyle behavioral practices (diet, exercise, sleep) to prevent excessive weight gain in their preschool children (ages 2-5 years). Key factors driving pivotal decisions made during the creation of programs like HomeStyles are seldom reported. Thus, this seminar will use HomeStyles as a case study and trace its development and implementation from conceptualization to randomized controlled trial and beyond. Funded by United States Department of Agriculture, National Institute of Food and Agriculture, Grant Number 2011-68001-30170



Please join us for a reception immediately following the seminar as we congratulate Dr. Byrd-Bredbenner on her promotion to Distinguished Professor