

The Department of Nutritional Sciences presents:

The 2017 Hans Fisher Lectureship

Intersection of Nutrition Science and Policy: Current Challenges

Guest Speaker:

Alice H. Lichtenstein, D.Sc.

Gershoff Professor of Nutrition
Science and Policy
Director and Senior Scientist
Cardiovascular Nutrition Laboratory
Jean Mayer USDA Human Nutrition
Research on Aging
Tufts University

Where: The New Jersey Institute for
Food, Nutrition and Health, Room 101,
61 Dudley Road, New Brunswick, NJ

When:

Thursday, April 20, 2017
Refreshments: 11:00 AM
Introductions and Lecture:
11:15 AM

Register [Here](#)

Over the past decades nutrition science has expanded our understanding of deficiency diseases and, in the United States, led to public health measures that dramatically improved the nutritional status of vulnerable groups. Our emphasis has now shifted to lowering the risk of developing chronic diseases and preventing the adverse effects of nutrient overconsumption. The current mandate for nutrition policy is to address these issues. Both food-based and nutrient-based guidance has been issued and is updated on a regular basis. The prevailing challenge to the nutrition community lies in translating that guidance into practice. On the basis of current dietary intake patterns progress towards achieving this goal has lagged. Multiple factors contribute to the discordance between guidance and practice. Explored will be current data on dietary habits, societal factors that impede the adoption of healthy eating patterns and approaches that have resulted in positive change.

**This lecture is made possible by the Hans Fisher Lectureship Endowment
and is hosted by the Department of Nutritional Sciences.**

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