SYLLABUS

NUTRITION: Methods in Sensory Analysis

11:709:443

Professor: Paul Breslin Office Hours: by appointment

Class Hours: Monday & Wednesday 10:55-12:15pm Phone: 848-932-6080

Location: Hickman 114 *E-mail:* breslin@aesop.rutgers.edu

Prerequisites: 11:709:201, 11:709:255

Readings to be determined. Course materials: on Sakai

Grades will be based upon class participation (including discussions and questions 10%), quizzes (5%), midterm (35%) and final exams (50%).

Introduction Course Synoposis/ Review of Course Objectives & Week 1 Class, September 7

Measurement and Data Types

Week 2 Classes, September 12, 14 Introduction to Quantitative Variation and Statistics

Taste Biology and Sensation I

Week 3 Classes, September 19 &21 Taste Biology and Sensation II

Taste Biology and Sensation III

Olfaction and Sensation I Week 4 Classes, September 26 & 28

Olfaction and Sensation II

Week 5 Classes, October 3 & 5 Olfaction and Sensation III (RH)

Somatosensation I

Week 6 Classes, October 10 & 12 Somatosensation II

Sensory Coding (YK)

Week 7 Classes, October 17 &19 **Mid-Term Exam**

Introduction to Psychophysics

Psychophysics: Sensitivity Measurement Week 8 Classes, October 24 & 26

Psychophysics: Discrimination Testing

Week 9 Classes, October 31 Thurstonian Scaling,

> & November 2 R-Index

Week 10 Classes, November 7 & 9 **Intensity Scaling**

Time-Intensity Measurement/Adaptation

Week 11 Classes, November 14 & 16 Context Effects and Demand Effects

Descriptive Analysis

Week 12 Classes, November 21 & 23 Hedonic/Affective Scaling

Thanksgiving Break – No Class Wednesday Nov 23 (Friday Schedule Observed)

Week 13 Class, November 28 & 30 Texture Analysis

Preference Testing

Week 14 Classes, December 5 & 7 Multi-modal Sensory Integration

Individual Sensory Differences and Genetics

Week 15 Classes, December 12 & 14 Modeling Healthy Foods

Make-Up Lecture/Review

Reading Day December 15 Review

This is a lecture based course and participation in lectures is required. If you miss more than 5 classes, constituting 20% of the course or more, you cannot pass this course.

Nutrition: Methods in Sensory Analysis 11:709: 443

Objectives, Rationale, Learning Goals

The purpose of this course is to provide nutrition majors a basic background in human orosensory physiology and sensory testing methods.

By the end of this course:

- The student will demonstrate knowledge of basic statistical insights needed to conduct sensory and psychophysical experiments.
- The student will demonstrate multi-disciplinary knowledge of how taste, smell, and oral somatosensation work from the perspective of anatomy, physiology, and molecular biology.
- The student will identify and know how to employ a variety of commonly used sensory and diagnostic testing methods ranging from signal detection theory and Bayesian analysis to descriptive analysis.
- The student will engage in analytical thinking and solve real world problems that arise in food industry and medicine, such as how to reduce salt or sugar in our diet without making food undesirable.