COURSE NAME; NUMBER; SEMESTER; MEETING DAYS, TIMES, AND PLACE.
Professional Issues in Dietetics (Pass/No Credit)
11:709:405  Fall 2019
**Tuesday 9:15-10:10am**
Heldrich Science Building, Room 106

CONTACT INFORMATION:
Instructor(s): Virginia Quick, PhD, RD
Office Location: Davison Hall, Room 209
Office Phone: (848) 932-0950  Cell Phone: (908) 507-4879  Email: vquick@njaes.rutgers.edu
Office Hours: By appointment

COURSE WEBSITE, RESOURCES AND MATERIALS:
- Resources and materials will be made available on the class Canvas website.
- Websites to review:
  - Academy of Nutrition & Dietetics: [http://www.eatright.org](http://www.eatright.org)
  - Dietetic Internship Programs: [https://www.eatrightpro.org/acend/accredited-programs/dietetic-internships](https://www.eatrightpro.org/acend/accredited-programs/dietetic-internships)
  - DICAS: [http://portal.dicas.org](http://portal.dicas.org)
  - Videos for DI centralized application service: [https://www.youtube.com/watch?v=qP28aNF_hkI](https://www.youtube.com/watch?v=qP28aNF_hkI);
    [https://www.youtube.com/watch?v=8A8SXcU9768&t=1s](https://www.youtube.com/watch?v=8A8SXcU9768&t=1s)
  - Find a Preceptor: [https://www.eatrightpro.org/acend/training-and-volunteer-opportunities/preceptors-and-mentors](https://www.eatrightpro.org/acend/training-and-volunteer-opportunities/preceptors-and-mentors)

COURSE DESCRIPTION:
Students will develop professional materials that will be used in their future careers including a personal statement, resume, and a professional portfolio. Students will also become familiar with career options in the field of dietetics and learn how to navigate the process of becoming a registered dietitian nutritionist (RD/RDN) or a nutrition and dietetic technician registered (NDTR) along with other non-traditional career pathways.

LEARNING OBJECTIVES:
At the end of this course, students will be able to:
1. Develop a personal plan for completing dietetic internship requirements.
2. Complete the supervised practice program application process.
3. Apply professional resources to aid in career development and continuing education.
4. Develop and maintain a personal professional portfolio.
5. Cultivate a primary and secondary career plan within the field of dietetics.
6. Communicate responses to common interview questions.
7. Discuss current health care reimbursement issues, policies, and regulations

2017 Core Knowledge for the RDN (KRDN) – Standards for the Didactic Programs in Dietetics:
Rutgers University Department of Nutritional Sciences undergraduate Didactic Program in Dietetics is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (AND). The following ACEND Core Knowledge aptitudes are included within the curriculum of this course:

KRDN 2.1 – Demonstrate effective and professional oral and written communication and documentation (i.e., interviewing skills and personal statement)
KRDN 2.2 – Describe the governance of nutrition and dietetics practice, such as the Scope of Nutrition and Dietetics Practice and the Code of Ethics for the Profession of Nutrition and Dietetics; and describe interprofessional relationships in various practice settings (i.e., lectures on ACEND, AND, CDR, CEU, registration, licensing, etc.)

KRDN 2.4: Discuss the impact of health care policy and different health care delivery systems on food and nutrition services (e.g., health care policy assignment).

KRDN 2.8: Demonstrate an understanding of the importance and expectations of a professional in mentoring and precepting others (i.e., preceptor essay assignment).

KRDN 4.1 – Apply management theories to the development of programs or services (i.e., job descriptions, job postings, interviewing skills, application skills, etc.).

KRDN 4.3: Describe the regulation system related to billing and coding, what services are reimbursable by third party payers, and how reimbursement may be obtained (i.e., guest speakers; in-class lecture).

ASSIGNMENTS/RESPONSIBILITIES & ASSESSMENT:
This course is a PASS/NO CREDIT. To achieve a passing grade, the student must complete do the following:

Attendance: Students are expected to attend all scheduled class meeting unless a prior arrangement has been made. I expect college-level, professional behavior. Once class has started, such things as reading newspapers, working on outside-of-class materials, carrying on distracting side conversations, leaving early, etc., are considered rude and distracting to me, your classmates, and especially to our guests. All cell phones must be turned to vibrate or silent during class time. If a student feels it necessary to answer a phone or open a text during class time, that student must exit the classroom to do so. Laptops must be used for class-related activities ONLY, no social networking! Students attending class are expected to arrive to class on time and stay the entire class time.

Written Assignments: All assignments are due on dates listed unless prior arrangements have been made.
1. Online Information Survey: https://rutgers.ca1.qualtrics.com/jfe/form/SV_bDdC4U0mzP1NvTv
2. Personal information form and GPA calculation document
3. Updated resume
4. First and second drafts of personal/professional statement
5. Nutrition job search: select a minimum of three future career options in the field of dietetics using current job postings
6. Health Care and Public Policy Assignment
7. Preceptor Essay Assignment
8. Initiate and maintain an online personal professional portfolio.
9. Contact 3 letters of reference for application
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<thead>
<tr>
<th>Class Date</th>
<th>Topic</th>
<th>Assignments</th>
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<tbody>
<tr>
<td>Sept 3rd</td>
<td>Introduction &amp; course expectations&lt;br&gt;Working in the field of dietetics/nutrition</td>
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<td>Sept 10th</td>
<td>Supervised practice program application process (Part 1):&lt;br&gt;How do you decide where to apply?</td>
<td>Online Information Survey DUE</td>
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<td>Sept 17th</td>
<td>Supervised practice program application process (Part 2):&lt;br&gt;How do you decide where to apply?</td>
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<td>Sept 24th</td>
<td>How to write a personal statement</td>
<td>Personal Information Form DUE (submit final versions in Canvas)</td>
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<td>Oct 1st</td>
<td>Resume development, Larry Jacobs, Career Services</td>
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<td>Oct 8th</td>
<td>In-Class Peer Review of Resume &amp; Guidance for Writing Personal Statement; Submit questions for student and career alumni panel sessions&lt;br&gt;Read Assigned Article (Haughton &amp; Stang) and Complete Mini Quiz – due on Oct 22nd</td>
<td>Resume for Peer Review (submit on Canvas)</td>
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<td>Oct 15th</td>
<td>Guest speakers – Pinkin Panchal, MS, RDN – Rutgers ISPP Coordinator</td>
<td>Personal Statement (first draft) &amp; Resume (revised version) due (submit on Canvas)</td>
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<td>Oct 22nd</td>
<td>Guest speakers – student alumni panel&lt;br&gt;Carly Harris, Doreen Garelick, Kelsey Musselman, Yash Desai</td>
<td>Health care and public policy mini quiz due (complete on Canvas)</td>
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<td>October 29th</td>
<td>Outside Class Work – watch the following videos:&lt;br&gt;Continuing education units and registration upkeep; Developing a personal professional portfolio&lt;br&gt;Presenter: Devon Golem, PhD, RDN</td>
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<td>Nov 5th</td>
<td>Guest speakers – career alumni panel&lt;br&gt;Alexa Essenfeld, Anthony Disson, Katelyn Collins, Elizabeth Hanna, Maryrose Agel</td>
<td>Online via Zoom Event</td>
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<td>Nov 12th</td>
<td>Guest speaker – Robert Zurfluh, MS, RDN – Sodexo Dietetic Internship</td>
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<td>Nov 19th</td>
<td>Discuss letters of reference &amp; job search findings&lt;br&gt;NDTR Pathway, RDN &amp; NDTR Exam</td>
<td>-2nd draft of personal statement due (submit on Canvas)&lt;br&gt;-Nutrition job search due (bring to class)</td>
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<td>Nov 26th</td>
<td>Outside Class Work – Read Assigned Article and Complete Preceptor Essay Assignment</td>
<td>-Preceptor Essay Due (submit on Canvas)&lt;br&gt;-Personal Professional e-portfolio due (submit on Canvas)</td>
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**ACCOMODATIONS FOR STUDENTS WITH DISABILITIES**
Please follow the procedures outlined at [https://ods.rutgers.edu/students/registration-form](https://ods.rutgers.edu/students/registration-form). Full policies and procedures are at [https://ods.rutgers.edu/](https://ods.rutgers.edu/)

**ABSENCE POLICY**
Students are expected to attend all classes; if you expect to miss one or two classes, please use the University absence reporting website [https://sims.rutgers.edu/ssra/](https://sims.rutgers.edu/ssra/) to indicate the date and reason for your absence. An email is automatically sent to me.

**ACADEMIC INTEGRITY**
The university's policy on Academic Integrity is available at [http://academicintegrity.rutgers.edu/academic-integrity-policy](http://academicintegrity.rutgers.edu/academic-integrity-policy). The principles of academic integrity require that a student:

- properly acknowledge and cite all use of the ideas, results, or words of others.
- properly acknowledge all contributors to a given piece of work.
- make sure that all work submitted as his or her own in a course or other academic activity is produced without the aid of impermissible materials or impermissible collaboration.
- obtain all data or results by ethical means and report them accurately without suppressing any results inconsistent with his or her interpretation or conclusions.
- treat all other students in an ethical manner, respecting their integrity and right to pursue their educational goals without interference. This requires that a student neither facilitate academic dishonesty by others nor obstruct their academic progress.
- uphold the canons of the ethical or professional code of the profession for which he or she is preparing.

Adherence to these principles is necessary in order to ensure that

- everyone is given proper credit for his or her ideas, words, results, and other scholarly accomplishments.
- all student work is fairly evaluated and no student has an inappropriate advantage over others.
- the academic and ethical development of all students is fostered.
- the reputation of the University for integrity in its teaching, research, and scholarship is maintained and enhanced.

Failure to uphold these principles of academic integrity threatens both the reputation of the University and the value of the degrees awarded to its students. Every member of the University community therefore bears a responsibility for ensuring that the highest standards of academic integrity are upheld.

**AVAILABLE STUDENT SUPPORT SERVICES**

- **If you are having personal or other problems, there are many options at Rutgers for assistance.**
  - Student Affairs office can help with issues related to your experience at Rutgers and when you don’t know where to start when looking for assistance, contact the Dean of Students office.
  - If are in need of mental health services, please use our readily available services. Rutgers Counseling and Psychological Services (CAPS) – New Brunswick: [http://rhscaps.rutgers.edu/](http://rhscaps.rutgers.edu/)
  - If you need some temporary guidance, there is “Lets Talk” – which is a CAPS service offering drop-in hours at a number of locations across campus. No appointment is necessary. [http://health.rutgers.edu/medical-counseling-services/counseling/therapy/community-based-counseling/#runbhc](http://health.rutgers.edu/medical-counseling-services/counseling/therapy/community-based-counseling/#runbhc)
• **If you are in need of physical health services** due to illness, please reach out to:
  Rutgers Health Services – New Brunswick: [http://health.rutgers.edu/](http://health.rutgers.edu/)

• **If you do not have enough food**, there is a Food Pantry on College Ave campus that is exclusively for Rutgers Students. [http://ruoffcampus.rutgers.edu/food/](http://ruoffcampus.rutgers.edu/food/)

• If you need accommodation for a **disability**, obtain a Letter of Accommodation from the Office of Disability Services that provides student-centered and inclusive services. [https://ods.rutgers.edu](https://ods.rutgers.edu)

• If you are a **military veteran** or are on active military duty, you can obtain support through the Office of Veteran and Military Programs and Services. [http://veterans.rutgers.edu/](http://veterans.rutgers.edu/)

• If you are in need of **legal services**, please use our readily available services: [http://rusls.rutgers.edu/](http://rusls.rutgers.edu/)

• If you are in need of additional **academic assistance**, please use our readily available services. Rutgers University-New Brunswick Learning Center: [https://rlc.rutgers.edu/](https://rlc.rutgers.edu/)

• If you or somebody you know has been victimized by a **crime, interpersonal violence** (e.g., stalking, sexual assault), support is available at the Rutgers Office for Violence Prevention and Victim assistance. [http://vpva.rutgers.edu](http://vpva.rutgers.edu)

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**OTHER STUDENT WELLNESS SERVICES**

**Just In Case Web App**  [http://codu.co/cee05e](http://codu.co/cee05e)

Access helpful mental health information and resources for yourself or a friend in a mental health crisis on your smartphone or tablet and easily contact CAPS or RUPD.

**Counseling, ADAP & Psychiatric Services (CAPS)**
(848) 932-7884 / 17 Senior Street, New Brunswick, NJ 08901/ [www.rhscaps.rutgers.edu](http://www.rhscaps.rutgers.edu/)

CAPS is a University mental health support service that includes counseling, alcohol and other drug assistance, and psychiatric services staffed by a team of professional within Rutgers Health services to support students’ efforts to succeed at Rutgers University. CAPS offers a variety of services that include: individual therapy, group therapy and workshops, crisis intervention, referral to specialists in the community and consultation and collaboration with campus partners.

**Violence Prevention & Victim Assistance (VPVA)**
(848) 932-1181 / 3 Bartlett Street, New Brunswick, NJ 08901 / [www.vpva.rutgers.edu](http://www.vpva.rutgers.edu/)

The Office for Violence Prevention and Victim Assistance provides confidential crisis intervention, counseling and advocacy for victims of sexual and relationship violence and stalking to students, staff and faculty. To reach staff during office hours when the university is open or to reach an advocate after hours, call 848-932-1181.

**Disability Services**
(848) 445-6800 / Lucy Stone Hall, Suite A145, Livingston Campus, 54 Joyce Kilmer Avenue, Piscataway, NJ 08854 / [https://ods.rutgers.edu/](https://ods.rutgers.edu/)

Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: [https://ods.rutgers.edu/students/documentation-guidelines](https://ods.rutgers.edu/students/documentation-guidelines). If the documentation supports your request for reasonable accommodations, your campus’s disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the
accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: https://ods.rutgers.edu/students/registration-form.

Scarlet Listeners
(732) 247-5555 / http://www.scarletlisteners.com/
Free and confidential peer counseling and referral hotline, providing a comforting and supportive safe space.