

COURSE NAME; NUMBER; SEMESTER; MEETING DAYS, TIMES, AND PLACE.

Professional Issues in Dietetics (Pass/No Credit)

11:709:405 Fall 2022

Tuesday 10:20-11:20am

Heldrich Science Building, Room 106

CONTACT INFORMATION:

Instructor(s): Virginia Quick, PhD, RD

Office Location: Davison Hall, Room 209

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Office Hours: By appointment

COURSE WEBSITE, RESOURCES AND MATERIALS:

- Resources and materials will be made available on the class Canvas website.
- Websites to review:
 - Academy of Nutrition & Dietetics: <http://www.eatright.org>
 - Dietetic Internship Programs: <https://www.eatrightpro.org/acend/accredited-programs/dietetic-internships>
 - DICAS: <http://portal.dicas.org>
 - D&D Digital (computer matching company): <http://www.dnndigital.com>

COURSE DESCRIPTION:

Students will develop professional materials that will be used in their future careers including a personal statement, resume, and a professional e-portfolio. Students will also become familiar with career options in the field of dietetics and learn how to navigate the process of becoming a registered dietitian nutritionist (RD/RDN) or a nutrition and dietetic technician, registered (NDTR) along with other non-traditional career pathways.

LEARNING OBJECTIVES:

At the end of this course, students will be able to:

1. Develop a personal plan for completing dietetic internship requirements.
2. Complete the supervised practice program application process.
3. Apply professional resources to aid in career development and continuing education.
4. Develop and maintain a personal professional portfolio.
5. Cultivate a primary and secondary career plan within the field of dietetics.
6. Communicate responses to common interview questions.
7. Discuss current health care reimbursement issues, policies, ethics, and regulations

2022 Core Knowledge for the RDN (KRDN) – Standards for the Didactic Programs in Dietetics:

Rutgers University Department of Nutritional Sciences undergraduate Didactic Program in Dietetics is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (AND). The following ACEND Core Knowledge aptitudes are included within the curriculum of this course:

KRDN 2.1: Demonstrate effective and professional oral and written communication and documentation (i.e., interviewing skills and personal statement)

KRDN 2.2*: Describe the governance of nutrition and dietetics practice, such as the Scope of Nutrition and Dietetics Practice and the Code of Ethics for the Profession of Nutrition and Dietetics; and describe inter-professional relationships in various practice settings (i.e., case discussions and ethics role play, quiz)

KRDN 2.4*: Discuss the impact of health care policy and different health care delivery systems on food and nutrition services (i.e., Health Care & Public Policy Mini Quiz).

KRDN 2.8*: Participate in a nutrition and dietetics professional organization and explain the significant role of the organization (i.e., Leadership in Nutrition and Dietetics assignment).

KRDN 5.1*: Perform self-assessment that includes awareness in terms of learning and leadership styles and cultural orientation and develop goals for self-improvement (i.e., Leadership Style Self-Reflection Assignment)

KRDN 5.2*: Identify and articulate one's skills, strengths, knowledge and experiences relevant to the position desired and career goals (i.e., personal statement)

KRDN 5.3*: Practice how to self-advocate for opportunities in a variety of settings (such as asking for needed support, presenting an elevator speech) (i.e., personal statement).

KRDN 5.4: Practice resolving differences or dealing with conflict (i.e., Introduction to Conflict Management and Negotiation assignment).

KRDN 5.6*: Demonstrate an understanding of the importance and expectations of a professional in mentoring and precepting others (i.e., Preceptor Essay assignment).

*Indicates a Student Learning Outcome. If you receive less than 70% on an assessment of a KRDN Student Learning Outcome, you will be required to redo the assignment until you pass (no grade change). If not, you may not receive a Verification Statement required to enter a supervised practice program.

ASSIGNMENTS/RESPONSIBILITIES & ASSESSMENT:

This course is a PASS/NO CREDIT. To achieve a passing grade, the student must complete do the following:

Attendance: Students are expected to attend all scheduled virtual class meetings via Zoom unless a prior arrangement has been made. In being courteous to your professor and guest speakers, please arrive on time during the Zoom virtual classes.

Assignments/Activities: All assignments and activities are due on the dates posted on the Rutgers Canvas course site. Please make sure to check the Canvas course site regular for email correspondence and upcoming deadlines.

1. Online Information Survey
2. Personal information form and GPA calculation document
3. Resume
4. First and second drafts of personal/professional statement
5. Standard of Practice Modules
6. Leadership Styles Self-Reflection Assignment
7. Leadership in Nutrition & Dietetics Assignment
8. Introduction to Conflict Management & Negotiation Assignment
9. Health Care and Public Policy Assignment
10. Preceptor Essay Assignment
11. Initiate and maintain an online personal professional e-portfolio.
12. Contact 3 letters of reference for application

COURSE SCHEDULE:

Class Date	Topic	Assignments
Summer Homework	Outside Classroom Activity Watch Personal Statement Presentation & Review the Applicant Guide to Supervised Practice Programs sent via email over the summer.	<i>Start drafting your own personal statement</i> <i>Research supervised practice programs and/or graduate programs of interest</i>
Sept 6 th	Introduction & Course Expectations Scope of Practice (SOP) for RDNs	<i>Online Information Survey DUE (9/13)</i>
Sept 13 th	Supervised practice program application process (Part 1)	<i>SOP for RDNs Modules DUE (9/20)</i> <i>Personal Information Form DUE (9/20)</i>
Sept 20 th	Supervised practice program application process (Part 2)	<i>Complete the Intro to Conflict Management & Negotiation assignment</i>
Sept 27 th	Supervised practice program application process, cont.	<i>Personal Statement – First Draft Due for Dr. Quick Review</i>
Oct 4 th (Outside Class work)	Outside Class Work – watch the following presentations: 1) Interview & Resume Writing Presentation (Larry Jacobs) 2) Designing an e-portfolio (Devon Golem)	<i>Resume Review using CES Resume Worded</i>
Oct 11 th (Outside Class work)	Outside Class Work 1) Code of Ethics Video (watch) 2) Read Code of Ethics Handout 3) Complete Code of Ethics Quiz	<i>Code of Ethics Quiz (complete on Canvas)</i>
Oct 18 th	Professionalism and Leadership <i>Presenter: Peggy Policastro, PhD, RDN</i>	<i>Leadership Style Assignment Due</i>
October 25 th	Ethic Case Studies/Role Playing	<i>Send to assigned faculty your second personal statement draft and resume for review</i>
Nov 1 st (Virtual)	Guest speakers – student alumni panel TBD <i>Read Assigned Article (Haughton & Stang) and Complete Mini Quiz – DUE Nov 8th</i>	<i>Health care and public policy mini quiz due (complete on Canvas)</i>

Nov 8 th (Virtual)	<i>Guest speakers – career alumni panel</i> TBD Big Interview - Mock Interview Practice	<i>Personal Professional e-portfolio Due (submit on Canvas)</i>
Nov 15 th	Guest speaker: Pinkin Panchal, MS, RDN Rutgers Dietetics Supervised Practice Director	<i>Mock Interview Practice Due</i>
Nov 22 nd (outside coursework)	Preceptor Essay Assignment (outside classroom)	<i>Preceptor Essay Due (submit on Canvas)</i>
Nov 29 th	Discuss RDN & NDTR Exams	<i>Leadership in Nutrition & Dietetics Assignment Due (submit on Canvas)</i>
Dec 6 th	Wrap up!	<i>Submit final version of Personal Statement for Dr. Quick Review</i>
Dec 7 th to 15 th (Virtual Meetings with Dr. Quick)	Individual Meetings with Dr. Quick: Student appointments to review application materials this week (bring all materials & questions)	<i>Contact 3 letters of reference for application</i>

ACCOMODATIONS FOR STUDENTS WITH DISABILITIES

Please follow the procedures outlined at <https://ods.rutgers.edu/students/registration-form>. Full policies and procedures are at <https://ods.rutgers.edu/>

ABSENCE POLICY

Students are expected to attend all classes; if you expect to miss one or two classes, please use the University absence reporting website <https://sims.rutgers.edu/ssra/> to indicate the date and reason for your absence. An email is automatically sent to me.

ACADEMIC INTEGRITY

The university's policy on Academic Integrity is available at <http://academicintegrity.rutgers.edu/academic-integrity-policy>. The principles of academic integrity require that a student:

- properly acknowledge and cite all use of the ideas, results, or words of others.
- properly acknowledge all contributors to a given piece of work.
- make sure that all work submitted as his or her own in a course or other academic activity is produced without the aid of impermissible materials or impermissible collaboration.
- obtain all data or results by ethical means and report them accurately without suppressing any results inconsistent with his or her interpretation or conclusions.
- treat all other students in an ethical manner, respecting their integrity and right to pursue their educational goals without interference. This requires that a student neither facilitate academic dishonesty by others nor obstruct their academic progress.
- uphold the canons of the ethical or professional code of the profession for which he or she is preparing.

Adherence to these principles is necessary in order to ensure that

- everyone is given proper credit for his or her ideas, words, results, and other scholarly accomplishments.
- all student work is fairly evaluated and no student has an inappropriate advantage over others.
- the academic and ethical development of all students is fostered.
- the reputation of the University for integrity in its teaching, research, and scholarship is maintained and enhanced.

Failure to uphold these principles of academic integrity threatens both the reputation of the University and the value of the degrees awarded to its students. Every member of the University community therefore bears a responsibility for ensuring that the highest standards of academic integrity are upheld.

AVAILABLE STUDENT SUPPORT SERVICES

- ***If you are having personal or other problems, there are many options at Rutgers for assistance.***
 - Student Affairs office can help with issues related to your experience at Rutgers and when you don't know where to start when looking for assistance, contact the [Dean of Students office](#).
 - If are in need of *mental health* services, please use our readily available services. Rutgers Counseling and Psychological Services (CAPS) – New Brunswick: <http://rhscaps.rutgers.edu/>
 - If you need some temporary guidance, there is “Lets Talk” – which is a CAPS service offering drop-in hours at a number of locations across campus. No appointment is necessary. <http://health.rutgers.edu/medical-counseling-services/counseling/therapy/community-based-counseling/#runbhc>

- **If you are in need of *physical health services*** due to illness, please reach out to:
Rutgers Health Services – New Brunswick: <http://health.rutgers.edu/>
- **If you do not have enough food**, there is a Food Pantry on College Ave campus that is exclusively for Rutgers Students. <http://ruoffcampus.rutgers.edu/food/>
- If you need accommodation for a ***disability***, obtain a Letter of Accommodation from the Office of Disability Services that provides student-centered and inclusive services. <https://ods.rutgers.edu>
- If you are a **military veteran** or are on active military duty, you can obtain support through the Office of Veteran and Military Programs and Services. <http://veterans.rutgers.edu/>
- If you are in **need of legal services**, please use our readily available services: <http://rusls.rutgers.edu/>
- If you are in need of additional ***academic assistance***, please use our readily available services. Rutgers University-New Brunswick Learning Center: <https://rlc.rutgers.edu/>.
- If you or somebody you know has been victimized by a ***crime, interpersonal violence*** (e.g., stalking, sexual assault), support is available at the Rutgers Office for Violence Prevention and Victim assistance. <http://vpva.rutgers.edu>

OTHER STUDENT WELLNESS SERVICES

Just In Case Web App <http://codu.co/cee05e>

Access helpful mental health information and resources for yourself or a friend in a mental health crisis on your smartphone or tablet and easily contact CAPS or RUPD.

Counseling, ADAP & Psychiatric Services (CAPS)

(848) 932-7884 / 17 Senior Street, New Brunswick, NJ 08901 / www.rhscaps.rutgers.edu/

CAPS is a University mental health support service that includes counseling, alcohol and other drug assistance, and psychiatric services staffed by a team of professional within Rutgers Health services to support students' efforts to succeed at Rutgers University. CAPS offers a variety of services that include: individual therapy, group therapy and workshops, crisis intervention, referral to specialists in the community and consultation and collaboration with campus partners.

Violence Prevention & Victim Assistance (VPVA)

(848) 932-1181 / 3 Bartlett Street, New Brunswick, NJ 08901 / www.vpva.rutgers.edu/

The Office for Violence Prevention and Victim Assistance provides confidential crisis intervention, counseling and advocacy for victims of sexual and relationship violence and stalking to students, staff and faculty. To reach staff during office hours when the university is open or to reach an advocate after hours, call 848-932-1181.

Disability Services

(848) 445-6800 / Lucy Stone Hall, Suite A145, Livingston Campus, 54 Joyce Kilmer Avenue, Piscataway, NJ 08854 / <https://ods.rutgers.edu/>

Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: <https://ods.rutgers.edu/students/documentation-guidelines>. If the documentation supports your request for reasonable accommodations, your campus's disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the

accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: <https://ods.rutgers.edu/students/registration-form>.

Scarlet Listeners

(732) 247-5555 / <http://www.scarletlisteners.com/>

Free and confidential peer counseling and referral hotline, providing a comforting and supportive safe space.