

Dietetics Transfer – Associate in Science Degree

Registered Dietitian Nutritionists (RDN) are the food and nutrition experts who translate the science of nutrition into practical solutions for healthy living. A Dietetics major prepares you for a wide range of career paths. You will learn about nutrition science, dietary management, health promotion and disease prevention, food service management, and food safety. You will gain a comprehensive understanding of the food system and how it affects human health. Additionally, you will learn about food production, food labeling regulations, and food-related public health policies. The Middlesex College Dietetics Transfer program consists of challenging dietetics and science courses, as well as general education courses that are designed to parallel the first two years of an Accreditation Council for Education in Nutrition and Dietetics (ACEND)-accredited Didactic Program in Dietetics (DPD) at a four-year college or university.

Advisor for the Major

Joel Barohn, MS, RD

Cost

Net Cost per Year: \$5,508 (includes tuition, fees, books, supplies, etc.)

Financial Aid Assistance Available

How Much Will You Save?

Our graduates start at Middlesex College and transfer to an ACEND-accredited bachelor's program in Dietetics at college and universities, such as Rutgers University*, Montclair State University, New York University, Saint Elizabeth University, and more, with scholarship opportunities saving between \$6,000 and \$39,000 per year. Beginning your education at Middlesex College will cost substantially less and offer an exemplary education from professors with extensive experience in the industry.

Transfer Options

The Comprehensive State-wide Transfer Agreement facilitates seamless transfer from a New Jersey community college to all New Jersey public four-year colleges and universities.

For additional information about both in-and out-of-state transfer, contact Career and Transfer Services at 732.906.2595.

Scan Here to learn more,
or visit mcinfo.co/HCD



Career Outlook

Salary Range: \$65,000 to \$102,000

Most work environments, particularly those in medical and health care settings, require the RDN credential. RDNs work throughout the community in:

- Hospitals
- Public Health
- Food Management
- Private Practice
- Sports Teams
- Business and Industry
- Schools
- Fitness Centers
- Food Industry
- Long-Term Care
- Universities
- Corporate Wellness

More Information

Contact: Hospitality, Culinary Arts, and Dietetics Department

Phone: 732.906.2538

Email: HCDD@middlesexcollege.edu

* Middlesex College students completing the Associate of Science in Dietetics Transfer curriculum seamlessly transfer the 60 credits towards a Bachelor of Science Degree in the Didactic Program in Dietetics (DPD) from Rutgers, The State University of New Jersey, in the Department of Nutritional Sciences, School of Environmental and Biological Sciences (SEBS), allowing students to complete the B.S. degree and obtain their DPD verification statement at Rutgers in an additional two (2) years of full-time study.

Graduating Dietetics Transfer Students Will Be Able To:

- Transfer to the Bachelor of Science Degree in Nutritional Sciences – Dietetics Option at Rutgers University.
- Apply the necessary practical and technological skills to perform at baccalaureate-level coursework.
- Use current technologies for information as well as oral and written communication activities in the dietetics profession.
- Identify and discuss an overview of the health care industry and the role of health care nutrition and foodservice.
- Demonstrate the ability to think clearly and critically with questions that involve intellectual, personal, and social concerns and standards of ethics in the profession of dietetics.

Questions?

Contact:

Hospitality, Culinary Arts, and
Dietetics Department

Phone:

732.906.2538

Email:

HCDD@middlesexcollege.edu

Semester 1

Course Code	Course	Credits
ENG 121	English Composition I ¹	3
HCD 102	Food and Cooking Fundamentals ³	3
HCD 104	Hospitality Technologies	1
SCI 135	Science of Nutrition	3
HCD 108	Food Service Sanitation	3
BIO 160	Human Anatomy and Physiology I ⁴	4

Total Semester 1 Credits: 17

Semester 2

Course Code	Course	Credits
ENG 122	English Composition II ²	3
HCD 112	Quantity Food Production and Menu Design ⁵	3
BIO 260	Human Anatomy and Physiology II ⁶	4
SOC 121	Introduction to Sociology	3
CSC 106	Intermediate PC Applications ⁷	3

Total Semester 2 Credits: 16

Semester 3

Course Code	Course	Credits
HCD 243	Food Service Systems Management in Dietetics	3
CHM 121	General Chemistry I – Lecture ⁸	3
CHM 125	General Chemistry I – Lab ⁹	1
MAT 129	Precalculus ¹⁰	4
PSY 123	Introductory Psychology	3

Total Semester 3 Credits: 14

Semester 4

Course Code	Course	Credits
HCD 206	Food Purchasing and Cost Controls ¹¹	3
HCD 245	Nutrition Throughout the Life Span ¹²	3
CHM 122	General Chemistry II – Lecture ¹³	3
CHM 126	General Chemistry II – Lab ¹⁴	1
_____	Humanities Elective ¹⁵	3

Total Semester 4 Credits: 13

Total Credits: 60

¹ ENG 121 Requisite: A passing score on the CPT or a grade of "C" or better in ENG010 or a grade of "C" or better in ESL097 & ESL098. Must be completed prior to taking this course. Minimum grade of "C" in ENG121 is required for graduation.

² ENG 122 Complete ENG121 with a grade of "C" or better. Must be completed prior to taking this course. Minimum grade of "C" in ENG122 is required for graduation.

³ Pre or Corequisite: HCD104

⁴ Prerequisite(s): One year of high school laboratory biology or BIO010 or BIO117 with a grade of "C" or better and one year of high school laboratory chemistry or CHM010 with a "C" or higher. Appropriate score on college placement test or Algebra I with a grade of "C" or better or higher level mathematics course. All must be completed prior to taking this course.

⁵ Prerequisite: HCD102

⁶ Prerequisite: BIO160 with a grade of "C" or better. Must be completed prior to taking this course.

⁷ Prerequisite(s): MAT 014 or appropriate score on the college placement test. Must be completed prior to taking this course.

⁸ Prerequisite(s): Two years of high school algebra and geometry or MAT 014 and one year of high school chemistry or CHM 020. Must be completed prior to taking this course.

⁹ Two years of high school algebra and geometry or MAT014 and one year of high school chemistry or CHM202. Must be completed prior to taking this course. CHM121 must be taken either prior to or at the same time as this course.

¹⁰ Requisite: Appropriate score on the college placement test and/or satisfactory score on the diagnostic examination, "C" or better in MAT014 (Algebra II), or Departmental approval. Must be completed prior to taking this course.

¹¹ Prerequisite: HCD102

¹² Prerequisite: SCI135 with a grade of "C" or better.

¹³ Prerequisite: CHM121 with a grade of "C" or better. Must be completed prior to taking this course.

¹⁴ Prerequisite(s): CHM121 and CHM125 with a grade of "C" or better; must be completed prior to this course. CHM 122 must be taken either prior to or at the same time as this course.

¹⁵ ENG239 and HIS131 are recommended.