

**COURSE LIST FOR THE COMMUNITY NUTRITION OPTION  
 NUTRITIONAL SCIENCES 709**

**Required Subject Matter Courses**

_____	11:709:102	Careers in Nutrition (1)
_____	11:709:201	Culinary Nutrition (3)
_____	11:709:202	Culinary Nutrition Lab (1)
_____	11:709:255	Nutrition & Health (3)
_____	11:709:235, 475	Introduction to Sports Nutrition (3) or Nutrition & Fitness (3, Fall only)
_____	11:709:245	Food Customs & Nutrition Equity (3)
_____	11:709:301	Food Safety & Sanitation (2)
_____	11:709:448	Food Production & Management (3)
_____	11:709:449	Food Production & Management Lab (1)
_____	11:709:345	Nutrition through the Lifespan (3, Fall only)
_____	11:709:441	Community Nutrition (3)
_____	11:709:442	Nutrition Education and Communication (3)
_____	11:709:489	Experimental Foods (4)
_____	01:640:115	Precalculus (4) or Calculus (4)
_____	01:119:103	Principles of Bio (4, Fall only) (or 01:119:115-117)
_____	01:160:161	General Chemistry I (4)
_____	01:160:162	General Chemistry II (4)
_____	01:160:171	Introduction to Experimentation Lab (1)
_____	01:160:209	Elementary Organic Chemistry (3)
_____	01:119:127	Anatomy & Physiology I (4, Fall or Summer only) (or 11:067:300 or 01:146:356, 357)
_____	01:119:128	Anatomy & Physiology II (4, Spring or Summer only) (or 11:067:300 or 01:146:356, 357)
_____	01:960:401	Basic Statistics for Research (3) or equivalent
_____	01:830:101	General Psychology (3)
_____	01:920:272	Sociology of the Family (3)

Note: All courses offered Fall and Spring unless otherwise specified



**NUTRITIONAL SCIENCES MAJOR**  
**COMMUNITY NUTRITION OPTION**  
**Sample Program**

<b>FALL</b>		<b>SPRING</b>	
11:709:102 11:709:201 11:709:202 01:119:127 01:355:101	Careers in Nutrition (1) Culinary Nutrition (3) Culinary Nutrition Lab (1) Anatomy & Physiology I (4) College Writing (3)	11:709:255 01:830:101 01:119:128 01:140:115	Nutrition and Health (3) General Psychology (3) Anatomy & Physiology II (4) Pre-Calculus (4)
01:119:103 01:160:161 11:709:245 11:709:301	Principles of Biology (4) General Chemistry I (4) Food Customs & Nutrition Equity (3) Food Safety & Sanitation (2)	01:960:401 01:160:162 01:160:171 11:709:448 11:709:449	Basic Statistics (3) General Chemistry II (4) Introduction to Experimentation (1) Food Production & Management (3) Food Service Laboratory (1)
11:709:345 01:160:209	Nutrition through the Lifespan (3) Organic Chemistry (3)	11:709:235 11:709:441	Introduction to Sports Nutrition (3) Community Nutrition (3)
Area/core requirement(s) or elective(s)		Area/core requirement(s) or elective(s)	
11:709:442 11:920:272	Nutrition Education & Communication (3) Sociology of the Family (3)	11:709:489	Experimental Foods (4)
Area/core requirement(s) or elective(s)		Area/core requirement(s) or elective(s)	

For more information on undergraduate courses for the major, please visit:

<https://nutrition.rutgers.edu/undergraduate/courses/>