

**COURSE LIST FOR THE COMMUNITY NUTRITION OPTION  
NUTRITIONAL SCIENCES 709**

**Required Subject Matter Courses**

_____	11:709:102	Careers in Nutrition (1)
_____	11:709:201	Culinary Nutrition (3)
_____	11:709:202	Culinary Nutrition Lab (1)
_____	11:709:255	Nutrition & Health (3)
_____	11:709:235, 475	Introduction to Sports Nutrition or Nutrition & Fitness (3)
_____	11:709:245	Food Customs & Nutrition Equity (3)
_____	11:709:301	Food Safety & Sanitation (2)
_____	11:709:448	Food Production & Management, (3) (meets Exp Ed req)
_____	11:709:449	Food Production & Management Lab (1) (meets Exp Ed req)
_____	11:709:345	Nutrition through the Lifespan (3)
_____	11:709:441	Community Nutrition (3)
_____	11:709:442	Nutrition Education and Communication (3)
_____	11:709:489	Experimental Foods (4)
_____	01:640:115	Precalculus (4) or Calculus
_____	01:119:103	Principles of Bio (4) (or 01:119:115-117)
_____	01:160:161	General Chemistry I (4)
_____	01:160:162	General Chemistry II (4)
_____	01:160:171	Introduction to Experimentation Lab (1)
_____	01:160:209	Elementary Organic Chemistry (3)
_____	01:119:127	Anatomy and Physiology I (4) (or 11:067:300 or 01:146:356, 357)
_____	01:119:128	Anatomy and Physiology II (4) (or 11:067:300 or 01:146:356, 357)
_____	01:960:401	Basic Statistics for Research (3) or equivalent
_____	01:830:101	General Psychology (3)
_____	01:920:272	Sociology of the Family (3)

**NUTRITIONAL SCIENCES MAJOR  
COMMUNITY NUTRITION OPTION  
Sample Program**

<b>FALL</b>		<b>SPRING</b>	
11:709:102	Careers in Nutrition (1)	11:709:255	Nutrition and Health (3)
11:709:201	Culinary Nutrition (3)	01:830:101	General Psychology (3)
11:709:202	Culinary Nutrition Lab (1)	01:119:128	Anatomy & Physiology II (4)
01:119:127	Anatomy & Physiology I (4)	01:140:115	Pre-Calculus (4)
01:355:101	College Writing (3)		
01:119:103	Principles of Biology (4)	01:960:401	Basic Statistics (3)
01:160:161	General Chemistry I (4)	01:160:162	General Chemistry II (4)
11:709:245	Food Customs & Nutrition Equity (3)	01:160:171	Introduction to Experimentation (1)
11:709:301	Food Safety & Sanitation (2)	11:709:448	Food Production & Management (3)
		11:709:449	Food Service Laboratory (1)
11:709:345	Nutrition through the Lifespan (3)	11:709:235	Introduction to Sports Nutrition (3)
01:160:209	Organic Chemistry (3)	11:709:441	Community Nutrition (3)
Area/core requirement(s) or elective(s)		Area/core requirement(s) or elective(s)	
11:709:442	Nutrition Education & Communication (3)	11:709:489	Experimental Foods (4)
11:920:272	Sociology of the Family (3)		
Area/core requirement(s) or elective(s)		Area/core requirement(s) or elective(s)	

For more information on undergraduate courses for the major, please visit:

<https://nutrition.rutgers.edu/undergraduate/courses/>